



LONG ISLAND SOUND...CATCH OUR WAVE

CELEBRATING OUR 31st YEAR

LONG ISLAND SOUND OPEN WATER SWIM - SATURDAY, JULY 29, 2023
LARCHMONT, NY | 2K, 5K OR 10K SWIM OPTIONS

The SAA Long Island Sound charity swims have raised record-breaking funds in the fight against cancer. You have the opportunity to make a tangible impact in our community by joining us in the Sound on July 29TH or at one of the local pool swims.

POOL SWIM DATES!

7/7 NYAC TRAVERS ISLAND PELHAM

TBA WESTCHESTER COUNTRY CLUB RYE

7/22 ORIENTA BEACH CLUB MAMARONECK

7/23 CHAPPAQUA S&T CLUB CHAPPAQUA

TBA COVELEIGH CLUB RYE

7/25 SCARSDALE GOLF CLUB SCARSDALE

8/5 LAKE ISLE CLUB EASTCHESTER

SWIM, KAYAK, VOLUNTEER OR DONATE AT: [SWIMACROSSAMERICA.ORG/LONG_ISLAND](https://swimacrossamerica.org/long_island)



SCAN CODE
FOR MORE
INFORMATION

ALL
PROCEEDS
BENEFIT



Memorial Sloan Kettering
Cancer Center



Weill Cornell Medicine



ColumbiaDoctors | Children's Health

CancerSupportTeam

Care. Support. Compassion. Always free of charge.