



Open Water Swim Clinic

Do any of these questions apply to you?

- Do you enjoy swimming?
- Do you want to improve your open water swim skills?
- Would professional instruction in open water swim techniques be beneficial and improve your confidence?
- Do you enjoy participating in fun events for a good cause?
- Would you like to help raise funds for cancer research in our community?

If you answered “yes” to any of these questions, then you will want to consider this clinic. Coach Jen Dutton has developed a two-part swim clinic to help you prepare for the SAA Florida Keys Open Water Swim on April 15, 2023. Coach Jen is certified through USMS, USAS, ASCA, WOWSA, and Red Cross.

Please register by contacting Coach Jen at keys2swimming@gmail.com by Feb. 15th.

First Clinic: Founder’s Park Pool, Sat. Feb. 18th, 9:30-11:00AM

Second Clinic: Founder’s Park Beach, Sat. Feb. 25th, 9:30-11:00AM

Cost: \$50 per swimmer (\$50 registration fee for participating in the SAA Florida Keys swim will be waived upon completion of the clinic)

