

#### **NEED INSPIRATION?**

#### FIND A CHALLENGE IDEA BELOW AND START FIGHTING CANCER!

### **ACTIVITY IDEAS**











Challenge yourself or a team to hit distance or event goals.

- Hitting a milestone birthday? Walk 40 minutes a day for your 40th
- Ask five team members to swim 5k per week
- Hike a new trail in your state

### **FUNDRAISING IDEAS**

Set a fundraising challenge to excite donors and make them part of the fun!













## VOLUNTEER **IDEAS**



Make a difference in your community when you pledge volunteer hours as a goal!

- Consider your local beneficiary
- · Community food banks
- Mentor Programs
- School or Church needs
- Teach classes for donations

# **FOLLOW US ON SOCIAL MEDIA**



**TAG US AND USE #SAAMyWay** 

### SHARE YOUR STORY WITH US!

info@swimacrossamerica.org



Swim Across America is certified by the BBB® Giving Wise Alliance, Guidestar Platinum status, and four (4) star rated by Charity Navigator, the highest possible rating in all categories.